

# Gambling and Co.



**D**on't think that for one second that when you're in a different zone and all you're thinking about is gambling, that you are not affecting your day to day job and how people see you.

I will always go back to the basic premise that the vast majority of gamblers lose money and that the vast majority of those people are not happy people when they lose money.

Be it tens of dollars, hundreds, or thousands, it is all relative.

Dr Pavlov once said that within 10 to 12 minutes of a person waking in the morning,

their mood is pretty much set for the day. That was said many years ago and it still holds true today.

Simply speaking, when your coworker in the cubicle next to you had a bad night the night before at the local Brasserie playing VLT machines, it is clearly written all over their face when they show up to work the next morning. Sadness, grief, remorse, irritability, anger, guilt all exude as they try to work the day as best they can.

Companies have seen theft at the workplace, lying, cheating, forged checks, company credit cards have been known to be used for online gambling by people in the finance department (who have access to these cards), employees calling in

sick the morning after or the night before a losing spree.

A gambler's judgement becomes awfully clouded when all they have on their mind is "When to gamble?"

"Where to gamble?" "With whom should they go gambling?" and "Where is the money going to come from? What scheme does a gambler come up with when they are preparing for their next devastating bout with Lady Luck?"



**Howard P. Riback**  
*The Winning Hand*  
Times

Companies should try their damndest to spot employees who may be in trouble. Realizing, of course, that not every company is large enough to have

its own Human Resources Department, small-time owners and/or managers can learn, and should learn, how to spot problems at the office and be able to refer these people for help.

The loss of productivity at the workplace as a result of gambling and gambling problems is massive (as is any addiction that spills over to the workplace). This is why education is so very important.

For more information Howard P. Riback the Gaming/Gambling Specialist and Inspirational Speaker a.k.a. "The Cleaner" can be reached at 514 659 5621 or [howard@theribackgroup.com](mailto:howard@theribackgroup.com) or view his website at [www.theribackgroup.com](http://www.theribackgroup.com).

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